

BIG DADDY CHECKLISTS SURFING

Basics

- Surfboards
- Hydration
- Nutrition
- First aid kit
- Sun protection
- Identification documents
- Cash/Credit/Debit cards
- Cell phone

Gear

- Large surfboard bag
- Surfboard sock
- Surfboard rail protectors
- Soft racks
- Fins
- Leashes
- Fin keys
- Wax scraper
- Wax
- Ding repair kit
- Dry-bag
- Backpack & luggage
- Beach towels
- Portable charging pack
- GoPro
- Waterproof camera
- Waterproof headlamp (for night surfing)
- Spray plaster
- Picnic blanket
- Umbrella and/or shade shelter
- Beach chairs and loungers
- Binoculars
- Portable speaker
- Waterproof cases
- Cooler
- Trash/Recycling bags

Personal Care & Hygiene

- Lip balm
- Hand sanitizer/Disinfectant
- Insect repellent
- Toilet paper
- Sanitary trowel
- Ear drops for swimmers' ear
- Zinc/Reef-safe sunscreen
- Zinc removing wipes
- Rash cream/Vaseline

Wearables

- Reef booties
- Wetsuit
- Rashguard
- Sunglasses
- Surf bikinis/Boardshorts
- Surf leggings
- Sandals
- Swim fins
- Ear plugs
- Surf helmet
- Hat
- UV protective clothing

